

CAVENDISH AESTHETICS

AFTERCARE

GUIDANCE

DERMAL FILLER

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FOLLOW THESE IMPORTANT GUIDELINES

TO AVOID POST TREATMENT COMPLICATIONS

- 1 After your dermal filler treatment you may find that you are swollen, have bruises or reddening of the area. This is normal and should subside with 1 to 5 days depending upon the severity of bruising.
2. Do not touch the treated area for at least 6 hours. Injections leave tiny open holes and touching with dirty hands or drinking from cans can lead to infection.
3. Do not wear make up for at least 12 Hours unless it is mineral based and then try to keep to a minimum
4. Avoid extreme cold on the treated area including ice packs. If you need to use a cold compress To reduce discomfort and swelling you should place something between the cool or ice pack such as a cloth or tea towel to avoid direct skin contact.
5. Avoid exposure to direct sunlight, UV and extreme heat such as steam rooms, saunas, sunbeds, sun showers etc as this may cause discomfort and swelling.
6. If you have received local numbing in the form of lidocaine cream or injections, please avoid consuming hot drinks or drinks that are extremely cold until full sensation of feeling has returned to the affected area.
7. Do not have facial massages for at least 2 days post treatment as this can unintentionally move the filler.
8. If you experience any lumpiness within the dermal filler implant area this can be smoothed out by gently massaging the area first having lubricated with lip balm or Vaseline. Please follow the directions as provided by your professional Aesthetician.
10. In the unlikely event that you have an issue with the treated area please contact your practitioner to discuss your concerns as soon as possible